

Academic Calendar Report

Ahsanullah Qureshi (Assistant Professor)

Course:	Health Assessment-I	Program:	BSN (Generic)
Batch:	2023-24	Semester/Year:	2nd Year - 4th Semester

S.No.	Date	Week	Teacher	Description
1	04/06/2026	Week 1	Ahsanullah Qureshi	Unit I: Introduction to Health Assessment Concepts 1. Discuss the need for health assessment in general nursing practice. 2. Explain the concepts of health, assessment, data collection, and diagnosis. 3. Identify types of health assessments 4. Document health assessment data using a problem-oriented approach. (cont.....)
2	05/06/2026	Week 1	Ahsanullah Qureshi	Unit I: Introduction to Health Assessment Concepts 1. Discuss the need for health assessment in general nursing practice. 2. Explain the concepts of health, assessment, data collection, and diagnosis. 3. Identify types of health assessments 4. Document health assessment data using a problem-oriented approach. (cont.....)
3	06/06/2026	Week 1	Ahsanullah Qureshi	Unit I: Introduction to Health Assessment Concepts 1. Discuss the need for health assessment in general nursing practice. 2. Explain the concepts of health, assessment, data collection, and diagnosis. 3. Identify types of health assessments 4. Document health assessment data using a problem-oriented approach.
4	11/06/2026	Week 2	Ahsanullah Qureshi	Unit II: Interviewing Skills and Health History 1. Explain the purpose, process & principles of interviewing. 2. Describe the content and format used to obtain a health history. 3. Discuss the process of investigating positive findings during the health history. (cont.....)
5	12/06/2026	Week 2	Ahsanullah Qureshi	Cont..... unit #02: 4. Practice obtaining and recording a client health history. 5. Practice utilizing therapeutic skills with a learner's partner.
6	13/06/2026	Week 2	Ahsanullah Qureshi	Cont....unit #02: 6. Identify strengths and weaknesses via observation of a videotaped interaction and self/peer analysis. 7. Interview patient in clinical and collect feedback from colleagues and faculty about use of therapeutic communication .
7	06/08/2026	Week 3	Ahsanullah Qureshi	Unit III: Introduction to Physical Examination (PE) and the General Survey 1. Identify the general principles of conducting an examination. 2. Identify the equipment needed to perform a physical examination. 3. Describe the appropriate use & technique of inspection, palpation, percussion & auscultation. (cont.....)

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8	07/08/2026	Week 3	Ahsanullah Qureshi	Cont.... unit #03: 4. Discuss the procedure & sequence for performing a general assessment of a client. 5. Discuss the guidelines for documenting physical examination. 6. Document the PE findings of patients in PE documentation sheet on an ongoing basis.
9	08/08/2026	Week 3	Ahsanullah Qureshi	Skill Lab and self-study and practices history taking and physical examination over simulator.
10	13/08/2026	Week 4	Ahsanullah Qureshi	Unit IV: Assessment of the Skin, Head & Neck 1. Describe the component of health history that should be elicited during the assessment of skin, head & neck. 2. Describe specific assessments to be made during the physical examination of the above systems. (cont.....)
11	14/08/2026	Week 4	Ahsanullah Qureshi	Cont..... unit #04: 3. Document findings. 4. Describe age related changes in the above systems & differences in assessment findings .
12	15/08/2026	Week 4	Ahsanullah Qureshi	Skill Lab and practices of physical examination of skin, head and neck.
13	15/08/2026	Week 4	Ahsanullah Qureshi	Skill Lab and practices of physical examination of skin, head and neck.
14	20/08/2026	Week 5	Ahsanullah Qureshi	Unit V: Assessment of Nose, Mouth & Pharynx 1. Describe the component of health history that should be elicited during the assessment of nose, mouth and pharynx. 2. Identify the structural landmarks of the nose, mouth and pharynx. (cont.....)
15	21/08/2026	Week 5	Ahsanullah Qureshi	Cont.... unit #05: Assessment of structural landmarks of the nose, mouth and pharynx 2. Identify the structural landmarks of the nose, mouth and pharynx. 3. Describe specific assessments to be made during the physical examination of the above systems. 4. Document findings .
16	22/08/2026	Week 5	Ahsanullah Qureshi	Nursing skills practices of physical examination of Nose, Mouth and pharynx gain knowledge through YT and self-examination.
17	27/08/2026	Week 6	Ahsanullah Qureshi	Unit VI: Assessment of the Abdomen, Anus & Rectum 1. Discuss the pertinent health history questions necessary to perform the assessment of Abdomen, Anus and Rectum. 2. Describe the specific assessment to be made during the physical examination of the abdomen. (cont.....)
18	28/08/2026	Week 6	Ahsanullah Qureshi	Cont.... Unit VI: Assessment of the Abdomen, Anus & Rectum: 3. Discuss components of a rectal examination. 4. Document findings. 5. List the changes in abdomen that are characteristics of aging process
19	29/08/2026	Week 6	Ahsanullah Qureshi	Nursing Skills self-practices and performed demo
20	03/09/2026	Week 7	Ahsanullah Qureshi	Unit VII: Assessment of the Breast, Axilla & Genitalia 1. Discuss the history questions pertaining to male and female breast and Genitalia assessment. 2. Perform a breast examination including axillary nodes and interpret findings. (cont.....)
21	04/09/2026	Week 7	Ahsanullah Qureshi	Cont.... unit #07: Assessment of the Breast, Axilla & Genitalia 3. Discuss components of a genital exam on a male or female. 4. Review components of a comprehensive reproductive history. 5. Document

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				findings. 6. List the changes in breast, male & female genitalia that are characteristics of aging process.
22	05/09/2026	Week 7	Ahsanullah Qureshi	Nursing skill #01: Health History taking and interview skills (self-practices)
23	10/09/2026	Week 8	Ahsanullah Qureshi	Nursing skills #02: Assessment of Skin, Head/Neck. (cont.....)
24	11/09/2026	Week 8	Ahsanullah Qureshi	Nursing skills #03: Assessment of Skin, Head/Neck.
25	12/09/2026	Week 8	Ahsanullah Qureshi	Nursing skill #04: Assessment of Abdomen, Anus & Rectum (cont....)
26	17/09/2026	Week 9	Ahsanullah Qureshi	Nursing skill #04: continue. Assessment of Abdomen, Anus & Rectum
27	18/09/2026	Week 10	Ahsanullah Qureshi	Nursing skill #05: cont....., Assessment of Abdomen, Anus & Rectum
28	19/09/2026	Week 10	Ahsanullah Qureshi	Nursing skill #06: Assessment of Breast, axilla & Genitalia (continue....)
29	25/09/2026	Week 10	Ahsanullah Qureshi	Class Assessment Test cum comprehensive test
30	26/09/2026	Week 10	Ahsanullah Qureshi	Students Group Presentation from Group A. Health assessment in general nursing practice, B. Explain the concepts of health, assessment, data collection, and diagnosis. & C. Identify types of health assessments & Document health assessment data using a problem-oriented approach.
31	24/09/2026	Week 11	Ahsanullah Qureshi	Continue..... Nursing skills #06: Assessment of Breast, axilla & Genitalia
32	01/10/2026	Week 11	Ahsanullah Qureshi	Students Group presentation from Group D. Interviewing Skills and Health History, the purpose, process & principles of interviewing, E. The content and format used to obtain a health history & the process of investigating positive findings during the health history. & F. Practice obtaining and recording a client health history, & therapeutic Communication, Critical Thinking, & History Taking.
33	02/10/2026	Week 11	Ahsanullah Qureshi	Students Group Presentation from G. Practice utilizing therapeutic skills with a learner's partner & Identify strengths and weaknesses via observation of a videotaped interaction and self/peer analysis. H. Interview patient in clinical and collect feedback from colleagues and faculty about use of therapeutic communication.
34	03/10/2026	Week 11	Ahsanullah Qureshi	Students Group Presentation from I. Introduction to Physical Examination (PE) and the General Survey & Identify the general principles of conducting an examination. J. Identify the equipment needed to perform a physical examination, uses, indication and purposes, K. The appropriate use & technique of inspection, palpation, percussion & auscultation.

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35	11/09/2026	Week 12	Ahsanullah Qureshi	Students Group Presentation from N. Assessment of the Skin, Head & Neck & the component of health history that should be elicited during the assessment of skin, head & neck. O. Describe specific assessments to be made during the physical examination of the skin, head & neck systems, & document findings. P. Describe age related changes in the skin, head & neck systems & differences in assessment findings
36	08/10/2026	Week 12	Ahsanullah Qureshi	Students group presentation from L. The procedure & sequence for performing a general assessment of a client, & the guidelines for documenting physical examination. M. Document the Physical Examination findings of patients in PE documentation sheet on an ongoing basis.
37	09/10/2026	Week 12	Ahsanullah Qureshi	Students Group Presentation from Assessment of Nose, Mouth & Pharynx: Q. Describe the component of health history that should be elicited during the assessment of nose, mouth and pharynx, & Identify the structural landmarks of the nose, mouth and pharynx. R. Describe specific assessments to be made during the physical examination of the nose, mouth and pharynx systems, & Document findings.
38	10/10/2026	Week 12	Ahsanullah Qureshi	Students Group Presentation continue from Group R. Assessment of the Abdomen, Anus & Rectum, & Discuss the pertinent health history questions necessary to perform the assessment of Abdomen, Anus and Rectum. S. Describe the specific assessment to be made during the physical examination of the abdomen.
39	15/10/2026	Week 13	Ahsanullah Qureshi	Continue Students Group Presentation from group T. Discuss components of a rectal examination & document findings. U. List the changes in abdomen that are characteristics of aging process.
40	16/10/2026	Week 13	Ahsanullah Qureshi	Students group presentation from V. Assessment of the Breast, Axilla & Genitalia, Discuss the history questions pertaining to male and female breast and Genitalia assessment & perform a breast examination including axillary nodes and interpret findings. X. Discuss components of a genital exam on a male or female & Review components of a comprehensive reproductive history. Document findings. List the changes in breast, male & female genitalia that are characteristics of aging process.