

Academic Calendar Report

Saifullah Mahar (Associate Professor)

Course:	Mental Health Nursing	Program:	BSN (Generic)
Batch:	2022-23	Semester/Year:	3rd Year - 6th Semester

S.No.	Date	Week	Teacher	Description
1	21/01/2026	Week 1	Saifullah Mahar	Introduction to Mental Health Nursing
2	22/01/2026	Week 1	Saifullah Mahar	Values Beliefs and their effect on Mental Health
3	24/01/2026	Week 1	Saifullah Mahar	Importance of Mental Health Nursing for nurses and its application in Psychiatric settings
4	31/01/2025	Week 2	Saifullah Mahar	Mental Status examination
5	26/01/2026	Week 2	Saifullah Mahar	Mental Health Assessment
6	27/01/2026	Week 2	Saifullah Mahar	Therapeutic communication & Self awareness
7	28/01/2026	Week 2	Saifullah Mahar	Cognitive Behavioral Therapy
8	02/02/2026	Week 3	Saifullah Mahar	Mental Health Ordinance
9	03/02/2026	Week 3	Saifullah Mahar	Psycho pharmacology
10	07/02/2026	Week 3	Saifullah Mahar	History Taking of Psychiatric patients
11	09/02/2026	Week 4	Saifullah Mahar	Therapeutic communication & its components
12	16/02/2026	Week 5	Saifullah Mahar	Anxiety Disorders and its types
13	23/02/2026	Week 6	Saifullah Mahar	Mood disorders
14	02/03/2026	Week 7	Saifullah Mahar	Mood Disorders
15	09/03/2026	Week 8	Saifullah Mahar	Mood Stabilizer Drugs
16	16/03/2026	Week 9	Saifullah Mahar	Personality Disorders
17	23/03/2026	Week 10	Saifullah Mahar	Crisis and its types

S.No.	Date	Week	Teacher	Description
18	06/04/2026	Week 11	Saifullah Mahar	Psychotic Illnesses
19	13/04/2026	Week 12	Saifullah Mahar	Geriatric mental Disorders
20	20/04/2026	Week 13	Saifullah Mahar	Class test & Presentations
21	27/04/2026	Week 14	Saifullah Mahar	Childhood mental disorders
22	04/05/2026	Week 15	Saifullah Mahar	Community Mental Health
23	11/05/2026	Week 16	Saifullah Mahar	Review classes

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