

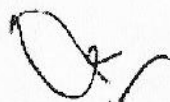
# CURRICULUM



## M.PHIL PROGRAM DEPARTMENT OF ANATOMY

Peoples University of Medical & Health Sciences,  
Nawabshah, Sindh


FOR RECOGNITION OF POSTGRADUATE  
STUDIES OF M. PHIL ANATOMY PROGRAM,  
ITS SYLLABUS AND CURRICULUM ALONG  
WITH TABLE OF SPECIFICATION AND  
ALLOCATED CREDIT HOURS AT PEOPLES  
UNIVERSITY OF MEDICAL & HEALTH  
SCIENCES, NAWABSHAH, SINDH TO  
PAKISTAN MEDICAL & DENTAL COUNCIL  
ISLAMABAD



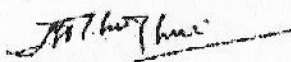
Prof. ABDUL LATIF JOKHIO  
MEMBER



DR. FAROOQ AHMED MUGHAL  
MEMBER



DR. SHAHID HUSSAIN SOOMRO  
MEMBER



PROF. MUHAMMAD ASLAM CHANNA  
Convener  
Board of Studies for M.Phil Anatomy Program

## OUTLINES OF M.PHIL ANATOMY PROGRAM

### 1<sup>st</sup> Year Annual

Course Title	Code	Credit Hrs	Category
Microscopic Anatomy	*ANAT 0101	**5	Major
Micro Techniques	*ANAT 0102	**5	Major
General Anatomy + Thorax, Abdomen & Pelvis, Human Body-I	*ANAT 0103	**02(01+01)	Minor

### 2<sup>nd</sup> Year Annual

Developmental Anatomy + Human Embryology	*ANAT 0104	**05(03+02)	Major
Basic Concepts In Neuroanatomy + Clinical Neuroanatomy	*ANAT 0105	**05(03+02)	Major
Head , Neck + Extremities, Human Body -II	*ANAT 0106	**02(01+01)	Minor

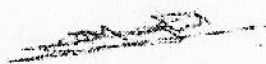
### 3<sup>rd</sup> Year Research Work


Research (M.Phil Thesis)	*ANAT 0107	**06	Compulsory
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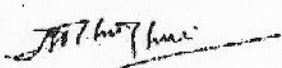
\*ANAT: ANATOMY.

\*\* Credit Hours, 1 credit hour = 25 learning hours (class work).

  
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**1<sup>ST</sup> YEAR (Major Subjects)**

**Course title:** Microscopic Anatomy + Micro Techniques

**Course code:** ANAT 0101 + ANAT 0102

**Course Credits:** 10(5+5)

**I. Microscopic Anatomy:-****1. The Cell**

1. Cell membrane & cell organelles
2. The nucleus and cell division

**2. Tissues of the body**

1. Epithelium
2. Connective tissue (generalized)
3. Skeletal tissue bone and cartilage
4. Muscular tissue
5. The nervous tissue

**3. Histology of organ systems**

1. Immune system and lymphoid organs
2. Circulatory system (heart and blood vessels)
3. The respiratory system
4. Gastrointestinal tract and accessory digestive organs
5. Urinary system
6. Endocrine system
7. Male and female reproductive system
8. Histology of the special senses

**II. Micro Techniques:-**

1. Introduction to histological microtechnique
2. Principles of fixation of biological materials, fixation and fixatives
3. Tissue processing and embedding
4. Use of stains in biology
5. Microtomy (selection, care and operation of microscopes used in biological procedures)
6. Photo micorgraphy
7. Electron microscopy (introduction and operation. Principle, types of fixation and embedding methods uses for electron microscopy)
8. Lab. Safety

**List of Practicals:**

1. Use of microscope
2. Familiarization to micro techniques
3. Demonstration on tissue processing
4. Study of histology slides
5. Dissection, removal and fixation of specimens from lab animals and acquired human tissues
6. Tissue processing and embedding
7. Microtomy (cutting of tissue sections)
8. Preparation of materials for staining
9. Staining of tissues and making of permanent slides.

**1<sup>ST</sup> YEAR****(Minor Subject)**

**Course title:** General Anatomy + Thorax, Abdomen & Pelvis,  
Human Body-I

**Course Code:** ANAT 0103

**Course Credits:** 02(01+01)

**General Anatomy:****Contents:**

1. Introduction to anatomy
2. Organization of the body
3. Cells, tissues organs and systems
4. General anatomy of musculo skeletal system
5. Basic organization of somatic and autonomic nervous system
6. General anatomy of circulatory system
7. The anatomy of vertebral column and vertebral canal
8. The anatomy of child

**Thorax:****Contents:**

1. Body wall, thoracic cage, thoracic wall and diaphragm
2. Thoracic cavity and mediastinum
3. Heart and pericardium
4. Lungs and pleura

**Abdomen & Pelvis:**

1. Anterior abdominal wall
2. Perineum
3. Male and female urogenital regions
4. Abdominal cavity and peritoneum
5. Gastrointestinal tract
6. Liver and biliary tracts
7. Pancreas and spleen
8. Abdominal aorta and its branches
9. Posterior abdominal wall
10. Lumbar plexus
11. Kidneys, ureters and suprarenal glands
12. Pelvic wall, pelvic joints and ligaments
13. Sacral plexus and pelvic blood vessels
14. Pelvic cavity and viscera
15. Male and female pelvic viscera

**List of Practicals:**

1. Dissection of Thorax/ Abdomen/ Pelvis/ Perineum
2. Lab. Demonstration of dissected parts to undergraduates
3. Preparation of museum specimens

**2<sup>ND</sup> YEAR****(Major Subject)**

**Course title:        Developmental Anatomy + Human Embryology**

**Course Code:        ANAT 0104**

**Course Credits:     05(03+02)**

**Contents:**

1. Fundamental concepts (the nature and scope of embryology. Historical background the terminology)
2. Experimental principles, manipulation of mammalian genome teratogenesis
3. General features of development (cell proliferation, growth, differentiation, integration)
4. Gametogenesis in male and female
5. The menstrual cycle, ovulation, fertilization and cleavage
6. Development of bilaminar germ disc and establishment of uteroplacental circulation
7. Gastrulation, formation of the trilaminar disc, and initial development of the somites and neural tube
8. Differentiation of the somites and the segmental development and intergration
9. Development of the peripheral nervous system
10. Malformations of the nervous system. Central and peripheral
11. Fetal development and fetus as a patient
12. Fetal membranes and placenta and multiple pregnancies
13. Folding of the embryo and formation of the body cavities
14. Development of the respiratory system and anomalies
15. Development of the heart
16. Congenital cardiovascular disease
17. Vasculogenesis, development of the aortic arches and great arteries
18. Development of vitelline, umbilical and cardinal venous systems
19. Development of stomach liver, digestive glands and spleen
20. Folding and rotation of the midgut. Separation of the cloaca and formation of the anus
21. Development of cervical nephrotomes, mesonephric and metanephric kidneys, urinary bladder and urethra
22. Development of the male and female gonads, genital ducts and external genitalia
23. Abnormalities of the urogenital system
24. Development of the limbs
25. Formation of the skull
26. The pharyngeal arches and derivatives
27. Morphogenesis of the face
28. Development of integumentary system



**List of Practicals:**

1. Preparation of whole mount and sections of chick embryo
2. Study of embryology slides

**2<sup>ND</sup> YEAR****(Major Subject)**

**Course title: Basic Concepts in Neuroanatomy + Clinical Neuroanatomy**

**Course Code: ANAT 0105**

**Course Credits: 05(03+02)**

**Contents:**

1. Introduction and organization of nervous system
2. The neurobiology of the neuron and neuroglia
3. Nerve fibers, peripheral nerves receptor and effector endings, dermatomes and muscle activity
4. The review of neurohistology
5. Overview of the development of nervous system
6. The spinal cord and the ascending and descending tracts
7. The brainstem
8. The cerebellum and its connections
9. The cerebrum
10. The structural and functional localization of the cerebral cortex
11. The reticular formation and limbic system
12. The basal nuclei (Basal ganglia) and their connections
13. The cranial nerve nuclei and their central connections and distribution
14. The thalamus and its connections
15. The hypothalamus and its connections
16. The autonomic nervous system
17. The meninges of the brain and spinal cord
18. The ventricular system, the cerebrospinal fluid, and the blood brain and blood cerebrospinal fluid barriers
19. The blood supply of the brain and spinal cord

**List of Practicals:**

1. Dissection of the brain and spinal cord
2. Study of slides of nervous system
3. Assist in neuroanatomy Lab. Teaching to undergraduates
4. Clinical sessions in radiology department
5. Clinical sessions in neurology department

**2<sup>ND</sup> YEAR****(Minor Subject)**

**Course title:** Head , Neck + Extremities, Human Body -II

**Course Code:** ANAT 0106

**Course Credits:** 02(01+01)

**Contents:****Head & Neck**

1. The Skull: Fetal and adult
2. Ossification of the skull
3. The muscles, nerves, blood vessels and lymphatics of the face
4. The fascia and triangles of the neck
5. The parotid region
6. The infratemporal region
7. The nose and paranasal sinuses
8. The mouth and hard plate
9. The pharynx and larynx
10. The orbit and eye
11. The structure of the eye
12. The ear
13. Lymphatic drainage of the head and neck
14. Pre and post vertebral muscles
15. Cervical vertebrae and their movements
16. Cranial cavity and meninges
17. The dural venous sinuses
18. The thyroid gland
19. The parotid gland
20. The tongue
21. The cranial nerves and their testing
22. Ossification of the cervical and other vertebrae
23. Radiology of head and neck
24. Living anatomy of the nose and throat
25. Living anatomy of the eye

## **Anatomy Of Extremities**

1. Bones of the upper limb and their ossification
2. The pectoral region and axial
3. The scapular region
4. The upper arm
5. The anterior and posterior facial compartment of the forearm
6. The hand
7. The radial and musculocutaneous nerves
8. The median and ulnar nerves
9. Venous and lymphatic drainage of the upper limb
10. Bones of the lower limb with their ossification
11. The gluteal region
12. Front and medial aspects of the thigh
13. Posterior facial compartment of the thigh and the popliteal fossa
14. Facial compartment of the leg
15. Region of the ankle and foot
16. The joints of lower limb
17. Innervation of the lower limb
18. Venous and lymphatic drainage of the lower limb
19. Surface anatomy of the lower limb and upper limb
20. Radiological anatomy of the lower and upper limb for different age groups

**List of Practicals:**

1. Dissection of Head & Neck, Upper & Lower Limbs
2. Lab. Demonstration of dissected parts to undergraduates
3. Preparation of museum specimens

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**DEPARTMENT OF ANATOMY**

M.Phil Program (Major & Minor)

Time Table

Time	Day					
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 -10:30	-	-	PG Lecture Anatomy Major	PG Lecture Anatomy Major	Self study	Minor II (Biostatistics / Research Methodology Lectures
10:30 -12:30	PG Lecture Anatomy Major	Anatomy Major Lab 11:00 to 02:00	-	Interaction with Professor 10:30 to 12:00	-	Seminars/ Journal Club
1:00 -4:00	Anatomy Major Lab	-	Self study	-	Anatomy Minor Lab	Self study

## EXAMINATION PROCEDURE

### 1<sup>ST</sup> YEAR ANNUAL EXAMINATION

#### Marks Assessment

Theory	=	BCQ + SEQS	=100
Marks	=	80% + 20%	=100
Practical	OSPE		=100
		(Statistic + Interactive Stations & Internal Evaluation)	
			=200

### 2<sup>ND</sup> YEAR ANNUAL EXAMINATION

#### Marks Assessment

Theory	=	BCQ + SEQS	=100
Marks	=	80% + 20%	=100
Practical	OSPE		=100
		(Statistic + Interactive Stations & Internal Evaluation)	
			=200

Passing standard= 60% marks for each theory & practical



**SCHEDULE OF COURSE IN BASIC MEDICAL SCIENCE M.PHIL**  
**(ANATOMY)**

**1<sup>ST</sup> YEAR ANNUAL**

<b>Course Code</b>	<b>Subject</b>	<b>Course Credit (Credit Hours)</b>
ANAT 0101	Microscopic Anatomy	05
ANAT 0102	Microtechniques	05
ANAT 0103	General Anatomy, Thorax, Abdomen & Pelvis	02
		<hr/> Total 12

**2<sup>ND</sup> YEAR ANNUAL**

<b>Course Code</b>	<b>Subject</b>	<b>Course Credit (Credit Hours)</b>
ANAT 0104	Developmental Anatomy & Human Embryology	05
ANAT 0105	Basic Concepts in Neuroanatomy + Clinical Neuroanatomy	05
ANAT 0106	Head & Neck+ Extremities	02
		<hr/> Total 12

**3<sup>RD</sup> YEAR RESEARCH WORK**

<b>Course Code</b>	<b>Subject</b>	<b>Course Credit (Credit Hours)</b>
ANAT 0107	Research (M.Phil Thesis)	06

EVALUATION & EXAMINATIONS

(Table of Specification)


1<sup>ST</sup> YEAR ANNUAL

Subject	No: of BCQs		No of SEQs (20%)
	80%	%age 20%	
Microscopic			
Anatomy (General	15	20%	2
Histology + Special	15	20%	2
Histology)			
Microtechnique	30	40%	4
General Anatomy +	10	10%	1
Thorax, Abdomen	10	10%	1
&Pelvis, Human			
Body-I			

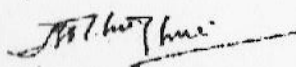
2<sup>ND</sup> YEAR ANNAUL

Subject	No: of BCQs		No of SEQs (20%)
	80%	%age 20%	
Developmental	15	20%	2
Anatomy & Human	15	20%	2
Embryology			
Basic Concepts in	15	20%	2
Neuroanatomy +	15	20%	2
Clinical			
Neuroanatomy			
Head & Neck+	10	10%	1
Extremities, Human	10	10%	1
Body II			

  
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