

Academic Calendar Report

Ahsanullah Qureshi (Assistant Professor)

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| Course: | FUNDAMENTALS OF NURSING-1 | Program: | BSN (Generic) |
| Batch: | 2025-26 | Semester/Year: | 1st Year - 1st Semester |

| S.No. | Date | Week | Teacher | Description |
|-------|------------|--------|--------------------|--|
| 1 | 23/02/2026 | Week 1 | Ahsanullah Qureshi | Introduction and orientation with students and nursing profession |
| 2 | 25/02/2026 | Week 1 | Ahsanullah Qureshi | History of Health Care and Nursing (Continue.....) |
| 3 | 27/02/2026 | Week 1 | Ahsanullah Qureshi | A- Evolution of nursing B-Religious Influences, C- Florence Nightingale (1820-1910), D- The Civil War and Nursing, E- The Women's Movement: |
| 4 | 04/03/2026 | Week 2 | Ahsanullah Qureshi | Twentieth Century (continue.....), Nursing organization, The First Muslim Nurse, Nursing in Mughal Period, NURSING IN MOGUL PERIOD (1000 AD) |
| 5 | 06/03/2026 | Week 2 | Ahsanullah Qureshi | Nursing Education, Types of Education Programs, Licensed Practical (Vocational) Nursing Programs, Baccalaureate Degree Programs, Graduate Nursing Programs |
| 6 | 09/03/2026 | Week 3 | Ahsanullah Qureshi | Goals of Nursing and Related Concepts, Promoting Health, Nursing and Nursing Practice, Identify historical perspective of the nursing process, |
| 7 | 11/03/2026 | Week 3 | Ahsanullah Qureshi | Define Isolation. Identify types of Isolation. Relate isolation to the chain of infection cycle. Identify nursing responsibilities in each type of isolation. |
| 8 | 11/03/2026 | Week 3 | Ahsanullah Qureshi | Skin Management, Decubitus Ulcer, Pathophysiology, Various risk factors act on areas of soft tissue overlying bony prominence, Stages / Classification of Bedsores, prevention & management, Role of Nurse in Prevention & Management of Bed Sores. |
| 9 | 13/03/2026 | Week 4 | Ahsanullah Qureshi | 1. Define terms mobility, joint mobility, body alignments and body mechanics. 2. Discuss the benefits of activity and exercise. 3. Identify the principles of gravity that affects balance. 4. Discuss factors affecting mobility. |
| 10 | 16/03/2026 | Week 4 | Ahsanullah Qureshi | 5. Discuss the effects of immobility on human body. 6. Review A&P of muscular skeletal system and characteristics of normal movement. 7. Describe the impact of immobility on Physiologic and Psychological functioning. 8. Apply nursing process while planning for the client with altered muscular skeletal system. |
| 11 | 18/03/2026 | Week 4 | Ahsanullah Qureshi | 1. Define teaching and learning 2. Identify the learning needs of the patient at the clinical site 3. Develop teaching learning plan 4. Perform health teaching at the clinical site |

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| 12 | 20/03/2026 | Week 4 | Ahsanullah Qureshi | VITAL SIGNS INCLUDE, Temperature, pulse, Respiration, and Blood Pressure, Pain, weight, height and oxygenation include cardiology respiratory management |
| 13 | 23/03/2026 | Week 5 | Ahsanullah Qureshi | Role and Function of Nurse, Nursing profession, scope of nursing profession and profession criteria |
| 14 | 25/03/2026 | Week 5 | Ahsanullah Qureshi | What is communication, Types of communication, Techniques of therapeutic communication, Nurse role in therapeutic communication, Phases of therapeutic relationship & Barriers to communication |
| 15 | 27/03/2026 | Week 5 | Ahsanullah Qureshi | Process of Hospitalization. 1. Define the team Admission, transfer, and discharge. 2. Discuss the procedure for admission, transfer, and discharge. 3. Identify nursing responsibility during admission, transfer, and discharge. |
| 16 | 01/04/2026 | Week 6 | Ahsanullah Qureshi | 4. Discuss nurse role in preparing patients and family for discharge. 5. Discuss the normal reaction of patient being hospitalized. |
| 17 | 03/04/2026 | Week 6 | Ahsanullah Qureshi | Maslow's hierarchy theory of Basic needs for Human Being, Maslow's theory, (a) Basic content, (b) Basis for need's hierarchy, (c) General rules, (d) Significance to nursing. |
| 18 | 06/04/2026 | Week 7 | Ahsanullah Qureshi | When defense mechanisms are inadequate, stress reactions develop, Misconceptions about Maslow's Hierarchy of Needs, The Need Hierarchy Approach & Significance to nursing. |
| 19 | 08/04/2026 | Week 7 | Ahsanullah Qureshi | 1. Professional 2. Characteristics of a Profession 3. Role of the Professional nurse 4. Description of Career roles (continue>>>>) |
| 20 | 10/04/2026 | Week 7 | Ahsanullah Qureshi | 5. Description of role as Communicator 6. Description of role as a Teacher 7. Description of role as Counselor. |
| 21 | 13/04/2026 | Week 8 | Ahsanullah Qureshi | Nursing Skill#01: BASIC LIFE SUPPORT C.P.R |
| 22 | 15/04/2026 | Week 8 | Ahsanullah Qureshi | Nursing Skills #02: PREPARING OF DIFFERENT BEDS, Functions of a Bed in Nursing, Principles of Bed Making, Key Points (For Viva & Exams) |
| 23 | 17/04/2026 | Week 8 | Ahsanullah Qureshi | Nursing Skills #03: Types of Beds Preparation of Different Beds: 01 Closed Bed, 02 Open Bed, 03 Occupied Bed, 04 Postoperative Bed (Surgical Bed), 05 Fracture Bed, 06 Comfort Bed / Cardiac Bed, 07 Amputee Bed, 08 Blanket Bed / Cradle Bed, 09 Admission Bed, 10 Terminal Bed, |
| 24 | 20/04/2026 | Week 9 | Ahsanullah Qureshi | NURSING SKILL #04: BATHING A PATIENT IN BED, Bed Bath Procedure (Patient in Bed): 1 Purposes, 2 Equipment/articles required, 3 Preparation, 4 Steps of Procedure. |
| 25 | 22/04/2026 | Week 9 | Ahsanullah Qureshi | Nursing skills #05: Measuring Body Temperature: Definition, purposes, equipment, general principles, PROCEDURES BY SITE, 1. ORAL TEMPERATURE: Contraindications: Steps of procedures. 2. AXILLARY (ARMPIT) TEMPERATURE: Indications: Steps of procedures, 3. RECTAL TEMPERATURE: Indications: Contraindications: Steps of procedures, 4. TYMPANIC (EAR) TEMPERATURE: Steps of procedures. |

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| 26 | 24/04/2026 | Week 9 | Ahsanullah Qureshi | Nursing skills #06: 1. Assessment of pulses: Definition, purposes, sites, equipment, preparation, procedure step by step. 2. Assessment of Respiration: Definition, purposes, equipment, preparation, procedure step by step. 3. Monitoring Blood Pressure: Definition, purposes, equipment, preparation, procedure step by step. |
| 27 | 27/04/2026 | Week 10 | Ahsanullah Qureshi | Nursing skill #07: Mouth Care for an Unconscious Patient: Definition, purposes, sites, equipment, preparation, procedure step by step. |
| 28 | 29/04/2026 | Week 10 | Ahsanullah Qureshi | Nursing skill #08: Measurement of Height & Weight: Definition, purposes, preparations, equipment, procedures step by step. Admission of a Patient in Hospital: Definition, purposes, types of admission, preparations, equipment, procedures step by step. Discharge of a Patient: Definition, purposes, types of admission, preparations, equipment, procedures step by step. |