

Academic Calendar Report

Ahsanullah Qureshi (Assistant Professor)

Course:	Health Assessment-I	Program:	BSN (Generic)
Batch:	2024-25	Semester/Year:	2nd Year - 3rd Semester

S.No.	Date	Week	Teacher	Description
1	03/02/2026	Week 1	Ahsanullah Qureshi	Continueunit #01: Assessment of PVS & musculoskeletal 3. Assess musculoskeletal functions including muscles strength, symmetry, size, contour, ROM and its characteristics, & Document findings. 4. List the changes in the given systems that are characteristics of aging process.
2	03/02/2026	Week 1	Ahsanullah Qureshi	Continueunit #01: Assessment of PVS & musculoskeletal 3. Assess musculoskeletal functions including muscles strength, symmetry, size, contour, ROM and its characteristics, & Document findings. 4. List the changes in the given systems that are characteristics of aging process.
3	04/02/2026	Week 1	Ahsanullah Qureshi	Unit II: Assessment of the Mental Status and Sensory Neuro System 1. Perform mental status examination of a client. 2. Assess cranial nerve, sensory, sense of proprioception and cerebellar functions and deep tendon reflexes (Cont.....)
4	09/02/2026	Week 2	Ahsanullah Qureshi	Cont.... unit #02: 3. Document findings. 4. List the changes in the nervous system that are characteristics of the aging process.
5	10/02/2026	Week 2	Ahsanullah Qureshi	Unit III: Assessment of Cardiovascular System 1. Describe the components of health history that should be elicited during the assessment of cardiovascular system. 2. Identify the landmarks of the chest. 3. Describe the following: a. Pulse rate, b. Rhythm and pulsation characteristics c. Point of Maximum Impulse (PMI) d. Heart sounds (cont.....)
6	11/02/2026	Week 2	Ahsanullah Qureshi	Cont..... unit #03: Assessment of Cardiovascular system 4. Discuss systolic and diastolic murmurs & assess the cardiovascular system systematically. 6. Document findings. & List the changes in cardiovascular system that is characteristics of aging process.
7	16/02/2026	Week 3	Ahsanullah Qureshi	Unit IV: Assessment of Thorax and Lungs: 1. Describe the components of health history that should be elicited during assessment of respiratory system. 2. Describe the following: a. Chest contour and symmetry b. Respiratory rate and pattern c. Tactile fremitus d. Chest expansion e. Density of lung fields f. Diaphragmatic excursion, (cont.....)
8	17/02/2026	Week 3	Ahsanullah Qureshi	Cont..... unit #04: Assessment lung & thorax 3. Auscultated lung sounds 4. Assess the respiratory system including inspection, palpation, percussion and auscultation. 5. Document findings. 6. List the changes in respiratory system that are characteristics of aging process.

S.No.	Date	Week	Teacher	Description
9	18/02/2026	Week 3	Ahsanullah Qureshi	Unit V: Assessment of the Eyes, & Ears 1. Identify the component of health history necessary for the examination of eye & ear. 2. Describe the following: a. Eye structure and position b. Upper and lower eyelids c. Gross visual perception d. Characteristics of the cornea, sclera, pupil, and lens fundi. e. Peripheral fields f. Color, shape, and location of auricle g. External ear canal and tympanic membrane h. Gross hearing (cont.....)
10	23/02/2026	Week 4	Ahsanullah Qureshi	Cont..... unit #05: Assessment Eyes & Ears: 3. Perform the examination of eye and ear of a healthy patient. 4. Document findings. 5. List the changes in eye and ear that are characteristics of aging process.
11	24/02/2026	Week 4	Ahsanullah Qureshi	Unit VI: Assessment of an Elderly Client 1. Describe the variations in history taking for an elderly client. 2. Differentiate health assessment variations for elderly clients. 3. Identify any differing examination techniques or skills for elderly client (cont.....)
12	25/02/2026	Week 4	Ahsanullah Qureshi	Unit VI: Assessment of an Elderly Client 1. Describe the variations in history taking for an elderly client. 2. Differentiate health assessment variations for elderly clients. 3. Identify any differing examination techniques or skills for elderly client
13	02/03/2026	Week 5	Ahsanullah Qureshi	Unit VI: Assessment of an Elderly Client: 1. Describe the variations in history taking for an elderly client. 2. Differentiate health assessment variations for elderly clients. 3. Identify any differing examination techniques or skills for elderly client (cont.....)
14	03/03/2026	Week 5	Ahsanullah Qureshi	Unit VI: Assessment of an Elderly Client: 1. Describe the variations in history taking for an elderly client. 2. Differentiate health assessment variations for elderly clients. 3. Identify any differing examination techniques or skills for elderly client
15	04/03/2026	Week 6	Ahsanullah Qureshi	Unit VII: Assessment of Pediatric Client 1. Describe the component of a thorough pediatric history, including differences for developmental levels. 2. Differentiate health assessment norms for infants, and children. 3. Identify common examination techniques/skills for pediatric health assessment. (cont.....)
16	09/03/2026	Week 6	Ahsanullah Qureshi	Unit VII: Assessment of Pediatric Client 1. Describe the component of a thorough pediatric history, including differences for developmental levels. 2. Differentiate health assessment norms for infants, and children. 3. Identify common examination techniques/skills for pediatric health assessment.
17	10/03/2026	Week 6	Ahsanullah Qureshi	Group Presentation A: Unit I: Assessment of the Peripheral Vascular and Musculoskeletal Systems.
18	11/03/2026	Week 6	Ahsanullah Qureshi	Group Presentation B: Unit II: Assessment of the Mental Status and Sensory Neuro System
19	16/03/2026	Week 7	Ahsanullah Qureshi	Group Presentation C: Unit III: Assessment of Cardiovascular System.
20	17/03/2026	Week 8	Ahsanullah Qureshi	Group Presentation C: Unit IV: Assessment of Thorax and Lungs.
21	18/03/2026	Week 9	Ahsanullah Qureshi	Group Presentation D: Unit V: Assessment of the Eyes, & Ears.

S.No.	Date	Week	Teacher	Description
22	23/03/2026	Week 10	Ahsanullah Qureshi	Group Presentation E: Unit V: Assessment of the Eyes, & Ears
23	24/03/2026	Week 10	Ahsanullah Qureshi	Group Presentation F: Unit VI: Assessment of an Elderly Client
24	25/03/2026	Week 10	Ahsanullah Qureshi	Group Presentation G: Unit VII: Assessment of Pediatric Client
25	30/03/2026	Week 11	Ahsanullah Qureshi	Group Presentation H: Unit VII: Assessment of Pediatric Client.
26	31/03/2026	Week 12	Ahsanullah Qureshi	Group Presentation H: Unit VII: Assessment of Pediatric Client
27	01/04/2026	Week 13	Ahsanullah Qureshi	Graded test cum Class Assessment Test
28	06/04/2026	Week 14	Ahsanullah Qureshi	Review classes
29	07/04/2026	Week 15	Ahsanullah Qureshi	Missing Classes
30	13/04/2026	Week 16	Ahsanullah Qureshi	Examination Preparation