

# Academic Calendar Report

## Ahsanullah Qureshi (Assistant Professor)

<b>Course:</b>	Culture, Health & Society	<b>Program:</b>	BSN (Generic)
<b>Batch:</b>	2022-23	<b>Semester/Year:</b>	3rd Year - 6th Semester

S.No.	Date	Week	Teacher	Description
1	21/01/2026	Week 1	Ahsanullah Qureshi	UNIT :1Introduction to Socio Cultural and Anthropological Concepts. 1. Discuss Sociology as a science, its knowledge, and methods. 2. Discuss the importance of socio-cultural anthropology and its relation to health. 3. Explain the concept of culture. 4. Explain the concept of society at micro and macro levels.
2	24/01/2026	Week 2	Ahsanullah Qureshi	Unit #02: Social institution and Groups/socialization, Family-types function, marriage, caste, family relationship, divorce etc. Religious – beliefs, superstitious etc. Political system - autocratic, democratic, dictatorship. Legal system: Recreation, Educational system.
3	28/01/2026	Week 2	Ahsanullah Qureshi	Unit III: Culture and Health Behavior/Socialization. 1. Explain the effects of culture on illness, cultural shock, and maladjustment. 2. Describe sickness and sick role, birth and death. 3, Discuss the cultural variations in symptoms. How does the sick behave? 4. Review the concept of compliance in different cultures 5. Describe the food taboos in different cultures. 6. Define behavior in-groups: status, deviance, alienation, and socialization (cont.....)
4	31/01/2026	Week 2	Ahsanullah Qureshi	Unit III: Culture and Health Behavior/Socialization. 1. Review the concept of compliance in different cultures 2. Describe the food taboos in different cultures. 3. Define behavior in-groups: status, deviance, alienation, and socialization.
5	04/02/2026	Week 4	Ahsanullah Qureshi	Unit #06: POPULATION AND DEMOGRAPHY: 1. Describe the Demography - study the population of Pakistan. 2. Discuss the Population pyramid 3. Analyze the phenomena of Urbanization and migration.
6	07/02/2026	Week 4	Ahsanullah Qureshi	Unit #07: Trans-cultural Nursing: 1. Describe concept of trans-cultural nursing 2. Explain key concepts related to trans-cultural nursing 3. Identify the components of cultural assessment 4. Integrate concepts of trans-cultural nursing care throughout the life span 5. Identify nursing frameworks and theories applicable to trans- cultural nursing

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7	11/02/2026	Week 5	Ahsanullah Qureshi	Unit #08: Child Abuse: 1. definition, and Types of Child Abuse 2. Corporal Punishment, PSYCHOLOGICAL MALTREATMENT, Emotional Abuse, Neglect, CHILD SEXUAL & ABUSE, SEXUALLY ABUSIVE BEHAVIORS, Symptoms of abuse, Nursing diagnosis, who are at Risk? Common Features of Successful Child Abuse Prevention Programs. and NURSING CARE OF SEXUALLY ABUSED CHILDREN. Nursing role in prevention of child abuse.
8	14/02/2026	Week 5	Ahsanullah Qureshi	Unit #09: Societal Perceptions towards Gender and domestic violence: 1. Describe gender as a sociological construct. 2. Analyze personal and cultural perceptions towards gender. 3. Discuss societal perceptions and status regarding men and women. 4. Discuss the role and status of women in Pakistani society. 5. Evaluate societal attitudes towards factors enhancing women's status. (cont.....)
9	18/02/2026	Week 6	Ahsanullah Qureshi	Unit #09: Societal Perceptions towards Gender and domestic violence: 3. Discuss societal perceptions and status regarding men and women. 4. Discuss the role and status of women in Pakistani society. 5. Evaluate societal attitudes towards factors enhancing women's status.
10	21/02/2026	Week 6	Ahsanullah Qureshi	Unit XII: Social Issue after Disasters: 1. Discuss the general impact of disasters 2. Analysis psychological and social implication of disasters. (cont.....)
11	25/02/2026	Week 7	Ahsanullah Qureshi	Unit XII: Social Issue after Disasters: 1. Types of Disaster, a). Natural Disasters b). Man-made Disasters 3. Health care infrastructure, & Environment and Population, Psychological and Social Behavior, Food Supply, Population Displacement, 4. Sudden impact natural disasters can be considered as a continuous time sequence of five phases: 5. Strategies for management in Pakistan, NDMA & PDMA. (Cont.....)
12	28/02/2026	Week 7	Ahsanullah Qureshi	Unit XII: Social Issue after Disasters: 4. Sudden impact natural disasters can be considered as a continuous time sequence of five phases: 5. Strategies for management in Pakistan, NDMA & PDMA.
13	04/03/2026	Week 8	Ahsanullah Qureshi	Class Assessment Test (C.A.T) From unit #01, 02, 03 & 06
14	07/03/2026	Week 9	Ahsanullah Qureshi	Group Presentation and Paper writing guideline
15	11/03/2026	Week 9	Ahsanullah Qureshi	Group Presentation Group A: Societal Perceptions towards Gender & Domestic Violence, Group B, Explain the role and status of women in Pakistani society, & evaluate societal attitudes towards factors enhancing women's status.
16	14/03/2026	Week 10	Ahsanullah Qureshi	Group Presentation Group C: Describe gender as a sociological construct. & Analyze personal and cultural perceptions towards gender Group D: Discuss societal perceptions and status of men and women.
17	18/03/2026	Week 11	Ahsanullah Qureshi	Group Presentation Group E: Social institution and Groups/socialization: Family-types function, marriage, caste, family relationship, divorce etc. & Religious – beliefs, superstitious etc. Group F: Political system - autocratic, democratic,

S.No.	Date	Week	Teacher	Description
				dictatorship & Legal system: Recreation, Educational system.

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