

Academic Calendar Report

Ahsanullah Qureshi (Assistant Professor)

Course:	Fundamentals of Nursing-II	Program:	BSN (Generic)
Batch:	2024-25	Semester/Year:	1st Year - 2nd Semester

S.No.	Date	Week	Teacher	Description
1	02/02/2026	Week 1	Ahsanullah Qureshi	Unit #01: Concept of Health Promotion • Explain the relationship of individuality and holism to nursing practice. List four main characteristics of homeostatic mechanisms. (continue.....)
2	03/02/2026	Week 1	Ahsanullah Qureshi	Unit. #01. Concept of health Promotion: •Differentiate health promotion from health protection or illness prevention. •Plan care for the patient by utilizing functional health patterns.
3	04/02/2026	Week 1	Ahsanullah Qureshi	Unit. #08. Nursing Skill #01: Care of Body after death
4	06/02/2026	Week 1	Ahsanullah Qureshi	First Clinical roster of UG GBSN Y-I, S-II, posting in different wards as per hospital policy and course expectation send with FHP proforma.
5	06/02/2026	Week 1	Ahsanullah Qureshi	Second Clinical roster of UG GBSN Y-I, S-II, posting in different wards as per hospital policy and course expectation send with FHP proforma.
6	09/02/2026	Week 2	Ahsanullah Qureshi	Unit #02. Concept of Self-Perception and concept. • Define self-perception/ self-concept pattern. • Describe the functions of self and self-concept • Discuss how self-concept develops throughout the life span
7	10/02/2026	Week 2	Ahsanullah Qureshi	Continue..... Unit #02. Concept of Self-perception and concept. •Discuss factors that can affect self-concept •Identify possible manifestation of altered self-concept • Apply nursing process for a person with an altered self-concept
8	11/02/2026	Week 2	Ahsanullah Qureshi	Unit #03. Concept of sexuality: (Objectives covered A&P Reproductive Health) •Review the Anatomy and physiology of the male and female reproductive system •Describe normal sexual pattern (continue.....) •Relate sexuality to all stages of life cycle
9	13/02/2026	Week 2	Ahsanullah Qureshi	Third Clinical roster of UG GBSN Y-I, S-II, posting in different wards as per hospital policy and course expectation send with FHP proforma.
10	14/02/2026	Week 2	Ahsanullah Qureshi	fourth Clinical roster of UG GBSN Y-I, S-II, posting in different wards as per hospital policy and course expectation send with FHP proforma.
11	16/02/2026	Week 3	Ahsanullah Qureshi	Continue..... Unit #03. Concept of Sexuality. •Identify factors that effects sexual functioning •Describe common risks and alteration in sexuality •Understand the nursing process as it relates to sexual functioning.

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12	17/02/2026	Week 3	Ahsanullah Qureshi	Unit #04. Concept of Stress and Coping/Human response to illness* (Objectives covered in Applied Psychology) •Define coping stress tolerance pattern. •Differentiate the concepts of stress as a stimulus, response, and transaction. •Identify physiological and psychological manifestations of stress. •Discuss Factors affecting coping pattern during hospitalization •Describe various types of coping pattern. (Continue.....)
13	18/02/2026	Week 3	Ahsanullah Qureshi	Continue Unit #04. Concept of stress & coping (response human illness) •Discuss the nursing process related to coping stress pattern •Define stress and types of stress •Discuss the factors that effects client and family •Identity the different strategies helping clients for coping stress and illness
14	20/02/2026	Week 3	Ahsanullah Qureshi	Fifth Clinical roster of UG GBSN Y-I, S-II, posting in different wards as per hospital policy and course expectation send with FHP proforma.
15	21/02/2026	Week 3	Ahsanullah Qureshi	6th Clinical roster of UG GBSN Y-I, S-II, posting in different wards as per hospital policy and course expectation send with FHP proforma.
16	23/02/2026	Week 4	Ahsanullah Qureshi	Unit #05. Concept of value belief pattern: •Define value/belief pattern •Explain how behaviors related to values •Identify sources of professional nursing values. (continue.....)
17	24/02/2026	Week 4	Ahsanullah Qureshi	Continue.....unit #05. concept of value & belief pattern. •Apply cultural and developmental perspective when identifying values •Examine values conflict and resolution in nursing care situations.
18	25/02/2026	Week 4	Ahsanullah Qureshi	Unit #06. Concept of Sleep and Rest: •Define rest and Sleep pattern •Define terms related to rest and sleep. •Compare the characteristics of sleep and rest. •Discuss the characteristics of two kinds of sleep •Enumerate the functions of sleep. (Continue.....)
19	27/02/2026	Week 4	Ahsanullah Qureshi	7th Clinical roster of UG GBSN Y-I, S-II, posting in different wards as per hospital policy and course expectation send with FHP proforma.
20	28/02/2026	Week 4	Ahsanullah Qureshi	8th Clinical roster of UG GBSN Y-I, S-II, posting in different wards as per hospital policy and course expectation send with FHP proforma.
21	02/03/2026	Week 5	Ahsanullah Qureshi	Continue..... unit #06. concept of sleep & rest pattern. •Discuss factors affecting sleep. •Identify common sleep disorders. •Identify conditions necessary to promote sleep. •Discuss nursing process for a patient to promote sleep.
22	03/03/2026	Week 5	Ahsanullah Qureshi	Unit #07: Concept of Nutrition and Dietary Pattern: (Theory Applied Nutrition Skill Intake and output Height and Weight) •Define nutrition/metabolic pattern. •Review essential nutrients and examples of good dietary sources for each •Review normal digestion, absorption, and metabolism of carbohydrates, fats and proteins. •Discuss nutritional considerations across the life span. (continue.....).
23	04/03/2026	Week 5	Ahsanullah Qureshi	Nursing skill #02: (Theory Applied Nutrition Skill Intake and output Height and Weight) UG GBSN students learn by demo on stadiometer and inched tape.

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24	06/03/2026	Week 5	Ahsanullah Qureshi	Continue unit #07. concept of nutrition & dietary pattern. •List factors that can affect dietary pattern •Describe manifestations of altered nutrition •Explain nursing interventions to promote optimal nutrition and health •Apply nursing process for client with altered nutritional status.
25	07/03/2026	Week 5	Ahsanullah Qureshi	Unit #08: ? Concept of Loss & Grieving and Death and Dying • (Add Skill Care of Body after death) •Assess the physiologic signs of death. •Identify beliefs and attitude about death in relation to age. •Discuss the various ways of helping the dying patient meet his/her physiological, spiritual and emotional needs. •Discuss care of the body after death. •Discuss the legal implications of death. (Continue.....).
26	09/03/2026	Week 6	Ahsanullah Qureshi	Continue unit #08: concept of loss, grieving & death and dying. •Describe how a nurse meets a dying patient's needs of comfort. •Discuss important factors in caring for the body after death. •List changes that occur in the body after death. •Define terms related to loss and grieving. •Discuss Kubler-Ross? theory to assess grieving behaviors. •Identify common manifestations of grief •Discuss the effects of multiple losses on the grief process •Apply the nursing process to grieving client.
27	10/03/2026	Week 6	Ahsanullah Qureshi	Unit #09. Concept of Elimination: Theory covered (A& P II GI System) (Skill Administration Enema and Glycerin suppositories) •Define elimination pattern •Discuss common problems of elimination. •Identify nursing interventions for common problems of fecal elimination. •Discuss nursing process for a patient with altered elimination pattern. •Define elimination pattern •Discuss common problems of elimination. (Continue.....),
28	11/03/2026	Week 6	Ahsanullah Qureshi	Nursing Skill #03: Administration Enema and Glycerin suppositories learnt on YT and performed on simulator.
29	13/03/2026	Week 6	Ahsanullah Qureshi	continueunit #09: concept of Elimination pattern. •Discuss common problem of Urinary Elimination •Identify nursing intervention for common urinary problems •Describe factors that can alter urinary function •Discuss nursing process for a patient with altered elimination pattern.
30	14/03/2026	Week 6	Ahsanullah Qureshi	Unit #10: Concept of Pain (Different Therapies): Clinical: Assessment and document FHP Form •Define the process of pain (physiological changes) •Describe the different theories of pain theory. •Differentiate between acute and chronic pain. (Continue.....)
31	16/03/2026	Week 7	Ahsanullah Qureshi	continue..... unit #10: concept of pain (different therapies): •Discuss the non-pharmacologic interventions pain management. •Identify pharmacologic interventions for pain management •Define the process of pain (physiological changes).
32	17/03/2026	Week 7	Ahsanullah Qureshi	Unit #11. Role and responsibility: (Nursing process and critical thinking skills) •Define nursing process. •Describe the purposes of nursing process. •Identify the components of the nursing process •Discuss the requirements for effective use of the nursing process (continue.....).
33	18/03/2026	Week 7	Ahsanullah Qureshi	Unit #12. ? Nursing Process: Assessment: (Clinical: Utilized FHP Form and Develop Nursing Care Plan NCP.) •Describe the assessment phase of the

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				nursing process •Discuss the purpose of assessment in nursing practice •Identify the skills required for nursing assessment. •Differentiate the three major activities involved in nursing assessment. (continue.....)
34	20/03/2026	Week 7	Ahsanullah Qureshi	Continue unit #12. Nursing process. Assessment. •Describe the process of data collection. •Perform a nursing assessment using a functional health approach •Describe the assessment phase of the nursing process •Discuss the purpose of assessment in nursing practice
35	21/03/2026	Week 7	Ahsanullah Qureshi	Unit #13. Nursing Process: Nursing Diagnosis and Planning: •Define diagnosis in relation to the nursing process. •State the meaning of nursing diagnosis •Describe the components of a nursing diagnosis •Differentiate between a nursing diagnosis and medical diagnosis •Identify the clinical skills needed to make nursing diagnoses. (continue.....)
36	24/03/2026	Week 8	Ahsanullah Qureshi	continue..... unit #13. Nursing process Nursing diagnosis & planning. •Formulate nursing diagnoses according to NANDA list. •Define outcome identification and planning •Explain the purposes of outcome identification and planning. •Describe the components of the nursing plan of care.
37	25/03/2026	Week 8	Ahsanullah Qureshi	Unit #14. Implementation and evaluation: ?Nursing Care Plan (NCP) Functional Health Pattern. (FHP). ?Handbook of Nursing Diagnosis •Define implementation and evaluation ?•Discuss the purposes of implementation and evaluation •Describe clinical skills needed to implement the nursing plan of care. (contu.....).
38	27/03/2026	Week 8	Ahsanullah Qureshi	continue ...unit #14. Implementation and Evaluation. •Describe activities the nurse carries out during the evaluation phase of the nursing process. •Use a functional approach to implement and evaluate client care.
39	28/03/2026	Week 8	Ahsanullah Qureshi	Unit #15. Communication of the Nursing Process: Documenting and Reporting •Clinical: Develop Teaching Plan Professional Communication Skills. •Describe the purposes of the client record •List the principles of charting •Discuss the guidelines of documentation. •Discuss the importance of confidentiality in the documenting and reporting.
40	30/03/2026	Week 9	Ahsanullah Qureshi	Nursing skill #06: Clinical: Develop Teaching Plan Professional Communication Skills
41	31/03/2026	Week 9	Ahsanullah Qureshi	Unit #16. Apply the knowledge derived from Humanities, Natural, and Behavioral Sciences, while providing nursing care to clients. •Applied Psychology.
42	01/04/2026	Week 10	Ahsanullah Qureshi	Unit #17. Identifies professional, ethical, and legal principles relevant to the practice of a registered nurse. •Professional Ethics for Nurses.
43	03/04/2026	Week 10	Ahsanullah Qureshi	Review classes and missing classes
44	04/04/2026	Week 10	Ahsanullah Qureshi	Evaluate Group presentations and assignments
45	07/04/2026	Week 11	Ahsanullah Qureshi	Graded test cum comprehensive test

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46	08/04/2026	Week 11	Ahsanullah Qureshi	Examination forms and examination preparation
47	04/05/2026	Week 11	Ahsanullah Qureshi	Class Assessment Test (C.A.T)

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