

Academic Calendar Report

Rubina Parveen Siyal (Assistant Professor)

Course:	Introduction to Nursing Theories	Program:	BSN (Generic)
Batch:	2024-25	Semester/Year:	1st Year - 2nd Semester

S.No.	Date	Week	Teacher	Description
1	02/02/2026	Week 1	Rubina Parveen Siyal	Unit 1 Introduction to Nursing Theory Define of Nursing Theory: Discuss Purpose of creating nursing theories
2	03/02/2026	Week 1	Rubina Parveen Siyal	Unit 1 Introduction to Nursing Theory Discuss the Structure of Theory Concepts , propositions and assumptions
3	09/02/2026	Week 2	Rubina Parveen Siyal	Unit 1 Introduction to Nursing Theory Describe the functions of nursing theories
4	10/02/2026	Week 2	Rubina Parveen Siyal	Unit 2 Historical Evolution of Nursing Theories Discuss Early Beginnings of nursing theories with Florence Nightingale's Environmental Theory
5	16/02/2026	Week 3	Rubina Parveen Siyal	Unit 2 Historical Evolution of Nursing Theories Describe the historical context of nursing theoretical development
6	17/02/2026	Week 3	Rubina Parveen Siyal	Unit 2 Historical Evolution of Nursing Theories Discuss the Key Developments of evolution of nursing theories
7	23/02/2026	Week 4	Rubina Parveen Siyal	Unit 3 A Philosophical Foundations of Nursing Theory Discuss Metaparadigm of Nursing: Person, Health, Environment and Nursing
8	24/02/2026	Week 4	Rubina Parveen Siyal	Unit 3 A Philosophical Foundations of Nursing Theory Discuss the systematic development, description, and evaluation of theory.
9	02/03/2026	Week 5	Rubina Parveen Siyal	Unit 3 A Philosophical Foundations of Nursing Theory Describe Philosophical Underpinnings:such as empiricism, rationalism and existentialism
10	03/03/2026	Week 5	Rubina Parveen Siyal	Discuss classification and Types of Nursing Theories ? Grand Theories: Roy's Adaptation Model, Rogers' Science of Unitary Human Beings). ? Middle Range Theories Pender's Health Promotion Model, Benner's Novice to Expert ? Practice Level Theories: theory of Comfort Care
11	09/03/2026	Week 6	Rubina Parveen Siyal	UNIT-3 B Theory Development in Nursing
12	10/03/2026	Week 6	Rubina Parveen Siyal	UNIT-3 C Theory Evaluation
13	16/03/2026	Week 7	Rubina Parveen Siyal	Unit 4 Relationship Between Theory, Research, and Practice
14	17/03/2026	Week 7	Rubina Parveen Siyal	Discuss Interconnection of theories into research and practice and Appraise nursing theories in the

S.No.	Date	Week	Teacher	Description
				literature
15	27/03/2026	Week 8	Rubina Parveen Siyal	Grand Theories in Nursing Orem's Self Care Deficit Theory and Roy adaption model
16	28/03/2026	Week 8	Rubina Parveen Siyal	Middle Range Theories in Nursing Pender's Health Promotion Model and Benner's Novice to Expert Theory:
17	30/03/2026	Week 9	Rubina Parveen Siyal	Practice Level Theories in Nursing Comfort Theory and cultural Care Theory
18	31/03/2026	Week 9	Rubina Parveen Siyal	Explain the relationship among theory, research, and practice.
19	06/04/2026	Week 10	Rubina Parveen Siyal	Unit 5 Application of Conceptual Models in Nursing Practice
20	07/04/2026	Week 10	Rubina Parveen Siyal	Apply & examine the application of selected conceptual models and theories in nursing practice
21	13/04/2026	Week 11	Rubina Parveen Siyal	REVISION OF GRAND THEORIES
22	14/04/2026	Week 11	Rubina Parveen Siyal	REVISION OF GRAND THEORIES
23	20/04/2026	Week 12	Rubina Parveen Siyal	REVISION OF MIDDLE RANGE THEORIES HIGH , MIDDLE AND LOWER MIDDLE RANGE THEORIES
24	21/04/2026	Week 12	Rubina Parveen Siyal	REVISION OF MIDDLE RANGE THEORIES HIGH , MIDDLE AND LOWER MIDDLE RANGE THEORIES
25	27/04/2026	Week 13	Rubina Parveen Siyal	REVISION OF EVIDENCED- BASED PRACTICE RANGE THEORIES