



**PEOPLES UNIVERSITY OF MEDICAL & HEALTH SCIENCES
FOR WOMEN SHAHEED BENAZIRABAD.**

Report on SDG-1 (No Poverty)

Goal-3 Good Health and Well-being

Goal-4 Quality Education

Goal-5 Gender Equality

Goal-16 Peace Justice and Strong Institutions

Goal-17 Partnerships for Achieving Goals



SDG Standards

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THE PURPOSE OF REPORT

In response to HEC's letter inviting participation in WUR-THE Impact Ranking, this report has been generated. This report evaluates HEIs' engagement in 17 Sustainable Development Goals (SDGs) as set forth by the United Nations (UN) using a Yes/No style and two evidence points (Max) for each policy, activity, event, and contribution. In order to be eligible to participate in THE Impact Ranking, QEC (Peoples University of Medical & Health Science for Women Nawabshah, Shaheed Benazirabad –Sindh), has compiled a report on each SDG in detail as the minimum requirement for participation is four SDGs.

What are Sustainable Development Goals (SDGS)?

The 2030 Agenda for Sustainable Development includes the 17 global goals known as the Sustainable Development Goals (SDGs), which were defined by the UN in 2015. The only international performance tables that rate universities in relation to the Sustainable Development Goals (SDGs) of the UN are the Times Higher Education Impact Rankings. The Sustainable Development Goals (SDGs) aim to build a more sustainable and equitable future by addressing a wide variety of global social, economic, and environmental concerns. These objectives, which are meant to be accomplished by 2030, are meant to enhance both human and environmental well-being.

The 17 Sustainable Development Goals are as follows:

1. No Poverty
2. Zero Hunger
3. Good Health and Well-Being
4. Quality Education
5. Gender Equality
6. Clean Water and Sanitation
7. Affordable and Clean Energy
8. Decent Work and Economic Growth
9. Industry, Innovation, and Infrastructure

10. Reduced Inequality
11. Sustainable Cities and Communities
12. Responsible Consumption and Production.
13. Climate Action
14. Life Below Water
15. Life on Land
16. Peace, Justice, and Strong Institutions
17. Partnerships for the Goals

SDG 1: No Poverty

Overview:

The Sustainable Development Goal 1 (SDG-1) is one of the important goals of Peoples University of Medical & Health Science for Women Nawabshah, Shaheed Benazirabad - Sindh. Its mission is to address poverty at the grassroots level with the help of community engagement, education, research, institutional change, activism and advocacy at societal level. Peoples University of Medical & Health Science for Women Nawabshah, Shaheed Benazirabad -Sindh is a higher education institution that understands the crucial role education plays in tackling issues associated to poverty. Hence, the university aims to equip people and communities with the knowledge and skills necessary to end the cycle of poverty and improve social and economic well-being of masses. Dedicated to establishing a more just and prosperous society, Shaheed Benazirabad - Sindh has embraced SDG-1 in the form of Peoples University of Medical & Health Science for Women, Nawabshah.

1.3. The University's Anti-Poverty Programs:

1. Sindh Endowment Fund Scholarship

This scholarship provided coverage to the 90 students.

2. Professional Education Foundation Karachi

This scholarship provided coverage to 24 students.

3. NBP Student Loan Scheme

This scholarship provided coverage to 11 students.

4. HEC Indian Occupied Kashmiri Students

This scholarship provided coverage to 14 students.

5. HEC Baluchistan & FATA

This scholarship provided coverage to 12 students.

6. Pakistan Bait-ul-Mal Karachi

This scholarship provided coverage to 5 students.

7. HEC Ehsaas Phase-I Scholarship

This scholarship provided coverage to 203 students.

8. HEC Ehsaas Phase-II Scholarship

This scholarship provided coverage to 130 students.

9. HEC Ehsaas Phase-III Scholarship

This scholarship provided coverage to 45 students.

10. Need-Cum-Merit Scholarshi

This scholarship provided coverage to 11 students.

11. Top Ten Position Holders Scholarship

This scholarship provided coverage to 59 students.

12. Full Freeship / Half Freeship (Tuition Fees)

This scholarship provided coverage to 58 students.

No Poverty Report: A Women Medical University's Perspective

Executive Summary:

Sustainable Development Goal 1 (SDG 1) calls for the abolishment of poverty in all its forms. This report provides a detailed overview of how a Women Medical University aligns its mission and initiatives with SDG 1, emphasizing its commitment to addressing poverty-related challenges within the context of healthcare education, research, and community engagement.

Introduction:

SDG 1 serves as a global call to eliminate poverty by recognizing its profound impact on health and well-being. This report outlines how our Women Medical University actively contributes to this goal, with a focus on women empowerment and the intersectionality of healthcare and poverty.

Equitable Access to Healthcare Education:

The university places a strong emphasis on providing equitable access to healthcare education for women. Scholarship programs, financial aid initiatives, and mentorship opportunities are established to ensure inclusivity and empower women in pursuing medical careers.

Community Health Initiatives:

Recognizing the intricate link between poverty and health, the university engages in community health initiatives targeting economically disadvantaged areas. These programs prioritize preventive care, health education, and community empowerment to address health disparities.

Primary Healthcare Outreach:

The institution establishes primary healthcare outreach programs to cater to marginalized communities. By providing essential healthcare services, the university aims to reduce the impact of poverty and enhance the overall well-being of underprivileged population of the province.

Research on Poverty-Related Health Issues:

Active involvement in research on health issues related to poverty is a cornerstone of the university's mission. Research findings inform evidence-based interventions and policies to alleviate health challenges associated with poverty, particularly those affecting women.

Partnerships for Community Development:

Collaborative partnerships with local governments, NGOs, and community organizations are cultivated to implement comprehensive community development programs. These partnerships address not only immediate healthcare needs but also the social determinants contributing to poverty.

Empowering Women in Healthcare Professions:

The University is committed to empowering women in healthcare professions as a strategic approach to break the cycle of poverty. Some of the initiatives of University include; mentorship programs, leadership training, and support for career advancement.

Telemedicine and Technology for Access:

Leveraging technology, including telemedicine, the institution bridges geographical barriers to healthcare access. This approach facilitates virtual consultations, medical education, and health awareness campaigns, especially in remote or impoverished areas.

Public Health Education and Advocacy:

The university actively engages in Public Health education and advocacy to raise awareness about the intricate relationship between poverty and health. These initiatives contribute to informed decision-making at individual and community level.

Monitoring and Evaluation:

Adopting a systematic approach, the institution monitors and evaluates the impact of its initiatives on poverty reduction and health improvement. Regular assessments inform continuous improvement and adaptation of further strategies.

Challenges and Future Strategies:

Recognizing the complexity of poverty, the University remains committed to addressing emerging challenges and refining strategies to make a lasting impact on poverty alleviation, ensuring a sustainable and inclusive future for women.

Conclusion:

In alignment with SDG 1, our Women Medical University actively contributes to the global effort to eradicate poverty. Through education, research, and community engagement, the institution empowers women, addresses health disparities, and advocates for sustainable development, working towards a future where no woman faces the burdens of poverty.

Goal-3 Good Health and Well-being

Goal 3 - Good Health and Well-being Report: A Women Medical University's Perspective

Executive Summary:

Goal 3 of the United Nations Sustainable Development Goals (SDGs) aims to ensure healthy lives and promote well-being for all at all ages. This report provides an overview of how a Women Medical University aligns its efforts with Goal 3, emphasizing its commitment to fostering good health, well-being, and equitable healthcare access within the context of Women's healthcare education.

Introduction:

Goal 3 underscores the importance of ensuring health and well-being for all. Our Women's Medical University is dedicated to contributing to this goal by focusing on women's health, medical education, and research that addresses the unique healthcare needs of women.

Access to Women's Healthcare Education:

The university prioritizes equitable access to healthcare education for women. Initiatives are in place to encourage and support female students, ensuring their representation in the healthcare workforce and leadership roles.

Curriculum with a Gender-Sensitive Approach:

Goal 3 is integrated into the curriculum with a gender-sensitive approach, addressing the specific health challenges faced by women. This ensures that graduates are equipped to provide comprehensive and personalized healthcare services to women of all ages.

Research on Women's Health Issues:

The university actively engages in research on women's health issues, contributing to a deeper understanding of conditions that predominantly affect women. This research informs medical practice, policy, and public health interventions.

Maternal and Child Health Initiatives:

Initiatives focus on improving maternal and child health outcomes. Programs include prenatal care, maternal education, and support for newborns, contributing to the overall well-being of women and children in the community.

Community Health Outreach:

The university engages in community health outreach programs specifically tailored to women's health needs. These initiatives address health disparities, promote preventive care, and empower women to take control of their well-being.

Mental Health Support for Women:

Recognizing the importance of mental health, the university provides support services that address the unique mental health challenges faced by women. Mental health awareness programs and counseling services contribute to overall well-being of pupils.

Empowering Women in Healthcare Leadership:

Efforts are being made to empower women in healthcare leadership roles. The university recognizes the importance of diverse leadership to address the complex healthcare challenges faced by women.

Technological Integration for Women's Health:

The institution embraces technological advancements to enhance healthcare for women. Telemedicine, digital health records, and other innovations are integrated to improve access and quality of care.

Challenges and Future Strategies:

Acknowledging challenges in women's health and healthcare education, the university is committed to ongoing evaluation and adaptation of strategies to address these issues and reach towards improved outcomes.

Conclusion:

In alignment with Goal 3, our Women Medical University actively contributes to the promotion of good health and well-being, with a particular focus on the

unique healthcare needs of women. By fostering education, research, and community engagement, the institution plays a vital role in advancing women's healthcare and well-being.

Goal-4 Quality Education

Goal 4 of the United Nations Sustainable Development Goals (SDGs) focuses on ensuring inclusive and equitable quality education and promoting lifelong learning opportunities for all. This report sheds light on how a Medical University aligns its efforts with Goal 4, contributing to the advancement of education, particularly in the healthcare sector.

Introduction:

Goal 4 emphasizes the importance of quality education as a fundamental right and catalyst for sustainable development. Our University recognizes the pivotal role education plays in fostering a skilled and competent healthcare workforce.

Access to Medical Education:

The University is committed to providing equitable access to medical education, ensuring that aspiring healthcare professionals, irrespective of background, have the opportunity to pursue quality education.

Curriculum and Pedagogy:

The curriculum is designed to meet international standards, integrating the latest advancements in medical science and technology.

Pedagogical approaches, including practical training, research opportunities, and collaborative learning, enhance the overall quality of education.

Faculty Development:

Continuous investment in faculty development programs ensures that educators stay abreast of evolving medical knowledge and teaching methodologies.

Collaboration with international experts and institutions fosters a global perspective among faculty members.

Technological Integration:

The university embraces technology to enhance the learning experience. Virtual simulations, e-learning platforms, and telemedicine applications are integrated into the education process.

Research and Innovation:

Goal 4 is complemented by a commitment to research and innovation. The university encourages students and faculty to engage in cutting-edge research, contributing to the advancement of medical science.

Community Engagement and Outreach:

The university actively engages with the local community, organizing health camps, awareness programs, and providing educational resources to underserved populations.

Global Collaborations:

Collaborative agreements with international medical institutions facilitate knowledge exchange, student exchanges, and joint research initiatives, enriching the educational experience.

Socioeconomic Impact:

The impact of Goal 4 extends beyond the campus as graduates contribute to healthcare systems globally addressing health disparities and promoting public health.

Challenges and Future Strategies:

Challenges such as financial constraints, evolving healthcare needs, and the rapid pace of medical advancements are acknowledged.

Future strategies include sustained investment in educational infrastructure, fostering interdisciplinary collaboration, and adapting to emerging educational technologies.

Conclusion:

As a Medical University, our commitment to Goal 4 underscores the significance of quality education in shaping the future of healthcare. By fostering a culture of learning, research, and community engagement, we contribute to the

development of a skilled and compassionate healthcare workforce, aligned with the aspirations of Goal 4.

Goal-5 Gender Equality

Gender Equality Report: A Women Medical University's Perspective

Executive Summary:

Goal 5 of the United Nations Sustainable Development Goals (SDGs) aims to achieve gender equality and empower all women and girls. This report provides an in-depth look at how our women's medical university is dedicated to promoting gender equality within the realm of healthcare education.

Introduction:

Goal 5 recognizes the importance of gender equality for the well-being of individuals and society as a whole. Our women's medical university is committed to creating an environment where women have equal opportunities, representation, and influence in the field of healthcare.

Equal Access to Medical Education:

The university is unwavering in its commitment to providing equal access to medical education for all aspiring healthcare professionals, irrespective of gender. Specialized initiatives encourage and empower women to pursue careers in healthcare.

Leadership and Faculty Representation:

The university actively promotes the representation of women in leadership positions and among the faculty. Providing role models and mentors is crucial for inspiring the next generation of female healthcare professionals.

Gender-Inclusive Curriculum:

The medical curriculum is designed with a gender-inclusive perspective, addressing the unique healthcare needs of women and men. This ensures that graduates are equipped to provide comprehensive and sensitive healthcare services.

Preventing Gender-Based Discrimination and Harassment:

The institution maintains a strong stance against gender-based discrimination and harassment. Educational programs and awareness campaigns are conducted to foster a safe and inclusive learning environment.

Supportive Policies and Practices:

The university has implemented policies that support work-life balance, parental leave, and flexible working arrangements to accommodate the unique challenges faced by women in balancing professional and personal responsibilities.

Student Support Services:

Specialized support services are provided to address the specific needs of female students. Mentorship programs, counseling services, and networking opportunities contribute to the holistic development of women in healthcare education.

Community Engagement:

The university engages with the local community to promote awareness about the importance of gender equality in healthcare. Outreach programs aim to challenge stereotypes and encourage women to pursue and excel in healthcare careers.

Research on Women's Health:

The institution actively conducts and promotes research on women's health issues, contributing valuable insights to the broader healthcare community and advocating for policies that address gender-specific health disparities.

Challenges and Future Strategies:

Acknowledging challenges related to societal norms and gender biases, the university is committed to ongoing evaluation and adaptation of strategies to create an environment that fosters gender equality.

Conclusion:

In alignment with Goal 5, our women's medical university recognizes that achieving gender equality is essential for the advancement of healthcare and

society as a whole. By cultivating an inclusive and supportive environment, we aim to empower women to excel in healthcare and contribute to the broader goal of gender equality in all sectors.

Goal-16 Peace Justice and Strong Institutions

Peace, Justice, and Strong Institutions Report: A Medical University's Perspective

Executive Summary:

Goal 16 of the United Nations Sustainable Development Goals (SDGs) focuses on promoting peaceful and inclusive societies, ensuring access to justice, and building effective, accountable, and inclusive institutions at all levels. This report provides insights into how a medical university aligns its efforts with Goal 16, contributing to the promotion of peace, justice, and the establishment of strong institutions in the realm of healthcare education.

Introduction:

Goal 16 addresses the importance of creating institutions that foster justice, inclusivity, and peace. Our medical university recognizes its role in this global agenda, particularly as it pertains to healthcare education and institutional governance.

Access to Healthcare Education:

The university is committed to providing equitable access to healthcare education, ensuring that students from diverse backgrounds have the opportunity to contribute to building a peaceful and just society through healthcare.

Promoting Ethical Healthcare Practices:

Goal 16 is integrated into the curriculum through the promotion of ethical healthcare practices. Emphasis is placed on instilling values such as integrity, transparency, and accountability in future healthcare professionals.

Community Engagement for Health Equity:

The university actively engages with local communities to address healthcare disparities, promoting access to quality healthcare services. These initiatives contribute to building a more just and inclusive society.

Research and Advocacy for Justice:

Faculty and students engage in research and advocacy initiatives addressing healthcare-related social justice issues. This contributes to a broader understanding of the societal impact of healthcare policies and practices.

Conflict Resolution and Crisis Management Training:

Healthcare professionals are provided with training in conflict resolution and crisis management, preparing them to navigate challenging situations and contribute to maintaining peace in healthcare settings.

Interdisciplinary Collaboration:

Interdisciplinary collaboration is encouraged within the institution, fostering a culture of teamwork and inclusivity. This approach mirrors the principles of Goal 16, promoting collaboration across various sectors for the betterment of society.

Inclusive Governance:

The university's governance structure promotes inclusivity, with mechanisms in place to ensure diverse voices are heard. This commitment to inclusivity extends to decision-making processes that impact the institution and its stakeholders.

Professional Integrity and Accountability:

The university emphasizes the importance of professional integrity and accountability in healthcare practice. Graduates are instilled with a sense of responsibility to contribute to the establishment of strong and accountable healthcare institutions.

Challenges and Future Strategies:

Recognizing challenges in achieving these objectives, the university is committed to ongoing evaluation and adaptation of strategies to ensure alignment with Goal 16.

Conclusion:

In alignment with Goal 16, our medical university actively contributes to the establishment of peaceful, just, and strong institutions in the realm of healthcare education. By fostering a culture of inclusivity, ethical practices, and

social responsibility, the institution plays a crucial role in shaping healthcare professionals who contribute to a more just and peaceful society.

Goal-17 Partnerships for Achieving Goals

Goal 17 - Partnerships for Achieving Goals Report: A Medical University Perspective

Executive Summary:

Goal 17 of the United Nations Sustainable Development Goals (SDGs) emphasizes the importance of building strong partnerships to achieve sustainable development objectives. This report provides insights into how a medical university aligns its efforts with Goal 17, focusing on collaborations and partnerships to advance healthcare education, research, and community impact.

Introduction:

Goal 17 underscores the need for collaborative efforts to address global challenges. Our Medical University recognizes the significance of partnerships in achieving sustainable development goals, particularly in the context of healthcare education and research.

International Collaborations:

The university actively engages in international collaborations with other medical institutions, universities, and research organizations. These partnerships facilitate knowledge exchange, joint research initiatives, and the sharing of best practices in healthcare education.

Public-Private Partnerships:

Collaborations with the private sector are leveraged to enhance infrastructure, technology, and funding for medical education and research. These partnerships contribute to the sustainability and growth of the institution.

Government and NGO Partnerships:

The university collaborates with government agencies and non-governmental organizations (NGOs) to align healthcare education programs with national

health priorities. This ensures that the institution's efforts complement broader public health initiatives.

Community Engagement and Local Partnerships:

Partnerships with local communities are prioritized to address specific healthcare needs. Community engagement initiatives involve collaborations with local healthcare providers, community organizations, and government health agencies.

Industry Collaboration for Skill Development:

Collaborations with healthcare industry partners provide students with real-world exposure and enhance skill development. These partnerships contribute to bridging the gap between academic training and industry expectations.

Research Collaborations:

The university fosters collaborations with research institutions to promote cutting-edge medical research. These partnerships contribute to scientific advancements, innovation in healthcare, and the translation of research findings into practical applications.

Global Health Initiatives:

Engaging in global health initiatives, the university contributes to addressing international health challenges. Collaborations with global health organizations in order to enhance the institution's impact on a broader scale.

Capacity Building through Partnerships:

The university prioritizes capacity-building initiatives in collaboration with partners, including; training programs, workshops, and knowledge-sharing events. These efforts contribute to strengthening healthcare systems locally and globally.

Measuring Impact and Sustainable Partnerships:

The institution regularly evaluates the impact of its partnerships and seeks to establish sustainable, long-term collaborations that create lasting benefits for all stakeholders involved.

Challenges and Future Strategies:

Recognizing challenges in forming and maintaining partnerships, the university is committed to adapting strategies to foster effective collaboration and address emerging healthcare needs.

Conclusion:

In alignment with Goal 17, our Medical University actively promotes and participates in partnerships that contribute to the achievement of sustainable development goals. By fostering collaboration at local, national, and international levels, the institution plays a crucial role in advancing healthcare education, research, and community impact.